



That's **SMILES BETTER**

Ray Searle trials the ingenious Waterlase method at Pure Periodontics

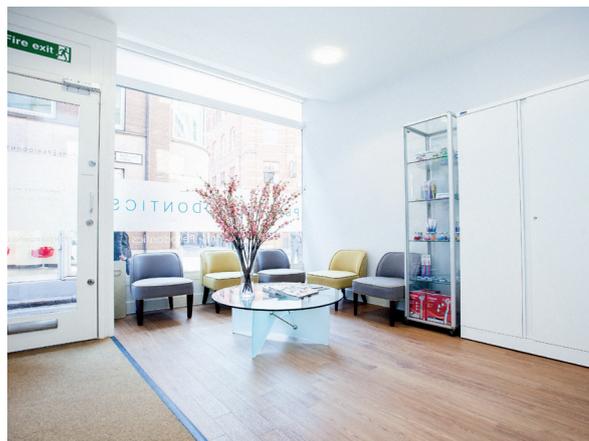
Gum disease (or periodontitis) is no rarity, even in our enlightened times, and if left untreated it can lead to bleeding gums, receding gums and even loss of teeth. I didn't fancy any of that – but I can't say I was much tempted by the traditional, surgical approaches to offsetting such problems, either. Which is why I booked an appointment with Pure Periodontics, specialists in non-surgical periodontics and pioneers of the Waterlase treatment.

Sukriti, the practice manager, made me feel at ease straight away with a friendly smile and a calming voice. Having studied psychology, she is looking at ways to help patients with the all-too common fear of the dentist.

Dr Neesha Patel, the practice principal, is ranked among the best periodontists in London, having achieved the Specialist in Periodontics title from the General Dental Council and won awards in restorative dentistry and oral surgery. Dr Patel's expertise is second to none, and when she talks in so much detail

about periodontics, it's clear that she is enormously passionate about her job.

Immediately I am sent for an x-ray to investigate the damage to my gums and bone mass – and the results are alarming. My gums are receding and I have lost some bone, leaving me at risk of losing teeth. A drastic measure and a healthy teeth and gum regimen is needed, so Dr Patel puts me on a six-month course of treatment beginning with a pain-free Waterlase treatment. I return every couple of months to see the dental hygienist to ensure that my gums are in tip-top condition. She explains exactly what she is doing and even shows me how to brush my teeth in the most effective way to keep the plaque away



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and my gums in the best possible condition. It also helps that Pure Periodontics are experts in the field: my treatment was a walk in the park compared to experiences I've had in the past. I left the practice with a healthier, happier mouth to prove it – and I didn't even need to be referred in order to benefit; I just called and booked an appointment. In fact, all adult patients of Pure Periodontics receive a comprehensive annual evaluation of their gums, helping to nip nasty problems in the bud. A modern and holistic approach to oral hygiene, and one well worth looking into. ♦

● **PURE PERIODONTICS**
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